

MAKE THE CHOICE THAT'S RIGHT FOR YOU.

EAT WELL

LOCALLY SOURCED

VEGETARIAN

VE VEGAN

Lunch Menu Week of January 9	CHEF'S CHOICE ENTREE	CHEF'S CHOICE VEGETARIAN ENTRÉE	VEGETABLE	SANDWICH	DESSERT
MONDAY 1/9	Teriyaki Beef	Tofu Stir Fry & Sesame Lo Mein	Veggie Stir Fry © © ⊚	Tuna Sliders	Rice Krispy Treats
TUESDAY 1/10	Tacos w/ Fresh Salsa [©]	3 Cheese Quesadillas	Sazón Rice & Street Corn ©	Ham & Cheese	Chocolate Pudding
WEDNESDAY 1/11	Tuscan Chicken Lasagna	Baked Cheese Lasagna	Sauteed Spinach	Egg Salad	Melon Slices
THURSDAY 1/12	Cuban Sandwich	Chickpea Falafel	Sweet Potato Wedges	Grilled Chicken Wraps	Oatmeal Raisin Cookies •
FRIDAY 1/13	Steak + Cheese Subs	Homemade Tomato Soup & Grilled Cheese Sandwiches	Mashed Butternut Squash	Turkey Sliders	Fruit Salad

*ALL ITEMS AVAILABLE GLUTEN FREE **ALWAYS AVAILABLE:

Full Salad Bar featuring Local Produce, Proteins, and Composed Salads, Seasonal Whole Fresh Fruits, Sunbutter & Jelly at the Deli, Lettuce, Tomato, Pickles 2% Milk, Chocolate Milk, Fruit-Infused Water

