

Brookwood School Weekly Lunch Menu

Week of October 3-7, 2022

Weekly Menu 5	Monday 10/3	Tuesday 10/4	Wednesday 10/5	Thursday 10/6	Friday 10/7
Chef's Choice Entrée	Sloppy Joes	Chicken Fingers	NO SCHOOL YOM KIPPUR	Italian Panini	Pepperoni Pizza
Chef's Choice Vegetarian Entrée	Veggie Joes	Bean & Cheese Burritos		Grilled Cheese Sandwich Homemade Tomato Soup	3 Cheese Pizza
Vegetable	Peas & Corn	Steamed Broccoli		Roasted Cauliflower	Grilled Veggie Medley
Sandwich	Turkey & Cheese Sliders	Ham & Cheese Sandwich		Hummus & Veggie Flatbread	Tuna Sliders
Dessert	Carnival Cookies	Melon Slices			Strawberry Bars

Notes:

- Salad bar available daily includes: Lettuce, variety of fresh, seasonal vegetables, chicken breast, toppings, carrot & celery sticks.
- Sunbutter & Jelly Sandwich on wheat bread available daily upon request.
- 1% milk available daily.
- All soups are Gluten Free
- Gluten Free Bread and Menu Items available daily
- All meals are cooked from scratch daily using fresh, natural ingredients.