

Sports Smorgasbord



Let's get active! In this camp, we'll play a different, carefully-chosen sport or active game every single session. Campers will put their bodies in motion, and release surplus energy. They'll develop functional movement patterns that will make them more effective and boost their self esteem for other sports. Along the way, they'll practice teamwork, communication, and emotional self-regulation skills that will help them everywhere, not just on the field or court. It's sure to be a great time!

Please note: this class has a minimum enrollment number of 4 students and a maximum capacity of 10 students

Age Group:

- Rising 1st - Rising 3th

Dates:

- Monday, July 24th - Friday, July 28th

Time:

- Morning (9:00 - 11:45 a.m.)
 - This class can be paired with an afternoon class (12:15 - 3:00 p.m.) to create a full day (9:00 a.m. - 3:00 p.m.)
 - Students staying for the full day will have a lunch break from 11:45 a.m. and 12:15 p.m.
 - Extended day options can be added on prior to the start of morning classes (8:00 - 9:00 a.m.) and/or after afternoon classes (3:00 - 4:00 p.m.) for an additional cost (see below)

Cost: (for the 5 days)

- Each half-day specialty camp program: \$250
- Morning or afternoon extended: \$80
- Morning and afternoon extended: \$150

Students will need:

- A packed lunch, if staying for the full day (we'll provide snack)
- A water bottle and sunscreen
- Sneakers

Ready to register? Click [here](#)